

Stewed Apples

Ingredients

3 apples peeled, cored and chopped

2-4 table spoons caster sugar

½ tea spoon cinnamon

1 table spoon water

Method

Place all the ingredients in a small pan over a low heat and cook for 10 minutes or until apples are soft. If you like the apples smoother cook for another 5 minutes. Check the sweetness and add more sugar if required.

Delicious served with custard, ice cream or cream.